

Getting started on ENBREL®

Free support and information with no obligation.
We're here to answer any questions you may have!

Enliven®

YOUR ENBREL SUPPORT PROGRAM

It's easy to get the support you need.

Enrol



You choose what you need, and we'll take it from there.

Three easy ways to enrol:

- 1) Your doctor may enrol you (you would get a copy of the enrolment form with your prescription)
- 2) **or** call 1.877.9ENBREL
- 3) **or** visit enbrel.ca (DIN #: 02274728)

Connect



A representative from Enliven® will call you and will leave a message if you're not available.

Remember to call back... if there's a good time to talk, let us know!

Discuss insurance coverage



An Enliven insurance specialist will help you confirm what your insurance plan(s) will cover.

- If you don't have insurance coverage, we will discuss other options that may be available to you (i.e. government assistance).
- When your coverage is confirmed and you are ready to start on ENBREL, we will send you a free resource kit with instructions on how to start on ENBREL.

For your first call, it helps to be prepared:

- Have insurance information for you and your partner available.
- We will help you complete any required insurance paperwork and make arrangements for your doctor to sign.

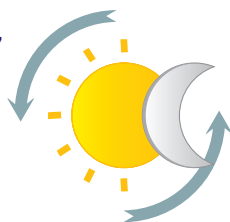
Schedule a nurse visit



Fill your ENBREL prescription at the pharmacy and tell Enliven when you're ready to start.

An Enliven nurse will help you get started with your first injection if your doctor hasn't already done so. Your doctor can request this for you.

Call: 24 hours a day, 7 days a week with any questions you may have, no matter how simple.



We're there for the long run...

Remember, once you enrol in Enliven and start your ENBREL therapy, you can call us any time.

**1.877.9ENBREL (1.877.936.2735)
or visit enbrel.ca**



Please follow up with your doctor

While taking ENBREL®, remember to talk to your doctor if you:



Get an infection,
e.g. pneumonia, the flu or
an open sore



Need surgery,
e.g. dental surgery or
hip replacement



Become pregnant
or intend to breastfeed



Plan to travel
to areas where there is a greater risk for
TB or certain kinds of fungal infection



Need immunization

Important Product Information

ENBREL is a medicine for treating people with moderate to severe forms of rheumatoid arthritis, juvenile idiopathic arthritis and a type of disease called psoriatic arthritis. ENBREL is also for treating adults with a type of arthritis called ankylosing spondylitis and for adults with moderate to severe psoriasis.

All medicines have side effects. Medicines like ENBREL that affect your immune system can cause serious side effects.

The possible serious side effects include serious infections and malignancies. There have been cases where patients taking ENBREL or other TNF blocking agents have developed serious infections, including tuberculosis (TB) and infections caused by bacteria, viruses or fungi that have spread throughout their body. Some patients have died from these infections. In very rare cases, hepatitis B recurred in patients with previous hepatitis. If you tend to get infections easily or if you develop an infection while taking ENBREL, you should tell your doctor right away. There have been cases, sometimes fatal, of unusual cancers in children and teenage patients who started using TNF blocking agents, including ENBREL, at less than 18 years of age.

In studies comparing ENBREL to placebo (inactive injection), side effects that occurred more frequently in patients treated with ENBREL were:

- reactions where the injection was given. These reactions are usually mild and included redness, swelling, itching or bruising. These usually go away within 3 to 5 days. If you have pain, redness or swelling around the injection site that doesn't go away or gets worse, call your doctor.
- upper respiratory infections (sinus infections).
- headaches.

Before you start taking ENBREL, you should tell your doctor if any of the following apply to you:

- Have an infection, which could put you at risk for serious side effects from ENBREL.
- Have symptoms of an infection such as fever, sweats or chills, cough or flu-like symptoms, shortness of breath, blood in your phlegm, weight loss, muscle aches, warm, red, or

painful areas on your skin, sores on your body, diarrhea or stomach pain, burning when you urinate or urinate more often than normal, and feel very tired.

- Have a history of infections that keep coming back or other conditions, like diabetes, that might increase your risk of infections.
- Have tuberculosis (TB), or if you have been in close contact with someone who has or has had TB. You will need to be evaluated for TB. Your doctor should test you for TB before starting ENBREL.
- Born in, lived in, or travelled to countries where there is a risk for getting TB. Ask your doctor if you are not sure.
- Live in, have lived in or have travelled to areas where there is a greater risk of certain kinds of fungal infections (histoplasmosis, coccidioidomycosis, blastomycosis). These infections may develop or become more severe if you take ENBREL. If you don't know if you have lived in an area where these infections are common, ask your doctor.
- Have persistent numbness, tingling and muscle weakness or a disease such as multiple sclerosis, Guillain-Barré or a Guillain-Barré-like syndrome, which causes inflammation of the nervous system, either in the brain and spinal cord or nerves going to your hands and feet.
- Been newly diagnosed or are being treated for congestive heart failure.
- Been scheduled to have major surgery.
- Been scheduled to be vaccinated for anything. All vaccines should be brought up-to-date before starting ENBREL. Patients taking ENBREL should not receive live vaccines.
- Used the medication Kineret® (anakinra), Orencia® (abatacept) or cyclophosphamide.
- Have been around someone with varicella zoster (chicken pox, shingles).

Know the medicines you take. Keep a list of them to show your doctor and pharmacist each time you get a new medicine.

Your doctor should monitor you closely for signs and symptoms of TB during treatment with ENBREL even if you have tested negative for TB. If you develop any of the symptoms of TB (a dry cough that doesn't go away, weight loss, fever, night sweats), call your doctor.

For complete information, please refer to the ENBREL Consumer Information section of the ENBREL Product Monograph or package insert.

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Reference: ENBREL (etanercept) Product Monograph, Amgen Canada Inc. and Pfizer Canada Inc. October 26, 2010.



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